



The American Academy of Physical Therapy

[www.aaptnet.org](http://www.aaptnet.org)

aaptnetinfo@gmail.com

*Greetings All,*

*On behalf of The American Academy of Physical Therapy we would like to thank you for supporting our 2017 annual conference. In 1989, 63 determined African American/Minority Physical Therapist and Assistants gathered to form The Academy. The mission of the AAPF is "To provide relief of poor and disadvantaged African Americans and other minorities by promoting new and innovative programs in health promotion, health delivery systems and disease prevention, encouraging minority students to pursue careers in allied health professions and performing clinical research directly related to health conditions found within minority communities". Our conference theme "Comply, Build and Progress" is fitting for the Academy's current growth and stability. We are excited you are here and are sure you will be delighted you joined us.*

*The conference committee, Mr. Rob Tillman, Dr. Renee Crater and Dr. Lisa VanHoose, has been meticulously planning and negotiating conference to ensure your time is well spent. We are pleased to be in the historic city of Little Rock, Arkansas at the renowned Capital Hotel.*

*When you review the conference itinerary and presenters you can be assured in knowing you will be equipped with valuable continuing medical education. The distinct topics provide for a plethora of evidence-based practices applicable to the field of physical therapy. The Academy is dedicated to providing a valid selection of engaging courses during conference with prime networking like no other. We are a tight knitted community. If this is your first conference be prepared to have a professional experience in physical therapy you will find nowhere else.*

*In the event you are not a member of our federally recognized 501(c)3 organization now is the time to connect. Please join us so we may continue our mission. By joining the Academy you can play a pivotal role in our continued growth and compliance. Your dues or donations help fund scholarships for African American and minority physical therapy students across the country. The Academy's membership has implemented programs to improve the health and wellness of minority communities and encourage health professions in minority students who may not traditionally consider physical therapy and other health professions as a career path.*

*The American Academy of Physical Therapy is a family oriented organization. For decades Minority PT and PTA's have networked and collaborated, benefiting everyone involved. We are Complying, Building and Progressing! Welcome, thank you and enjoy conference.*

*Kindest Regards,*

*Dona Greenhoward PT, M.Ed., DPT*

*President, The American Academy of Physical Therapy*

**Connect with us and join the conversation!!!**

**Hashtag for the conference: #AAPT2017**



**American Academy of Physical Therapy**



**@americanacademyPT**



**[aaptnetinfo@gmail.com](mailto:aaptnetinfo@gmail.com)**



**@AmericanAcadPT**

**You can also contact AAPT by mail:  
American Academy of Physical Therapy  
14507 Saint Gregory Way  
Accokeek, MD 20607**

## Educational Objectives

This program is presented by The American Academy of Physical Therapy (AAPT). At the conclusion of the course, participants will:

- Have a better understanding of the practice synergy between physical therapists and athletic trainers;
- Have knowledge of recent legislative issues affecting physical therapists;
- Understand the impact the Affordable Care Act has on medical insurance premiums;
- Understand paradigm shifts in pain management;
- Have a better understanding of time and energy management as it relates to personal well-being;
- Have knowledge about rehabilitation options following breast cancer surgery;
- Have knowledge of cutting edge regenerative therapies in cellular medicine;
- Have a better understanding of the management of closed head injuries sustained in sports;
- Have a better understanding of the role physical therapy plays in tissue repair/regeneration, as well as in the reduction of opioid abuse;
- Understand the role that considering a patient's culture has to the success of their rehabilitation program;

**Target Audience:** The 2017 American Academy of Physical Therapy Annual Conference is intended primarily for physical therapists and physical therapist assistants, but is suitable for all professionals involved in the delivery of healthcare in the rehabilitation arena. Physical therapy and physical therapy assistant students, and other healthcare professionals will also benefit.

**Format:** Lectures, followed by questions and answers, and panel discussions with interactive audience participation.

## **Program Agenda**

**2017 American Academy of Physical Therapy Annual Conference**

**November 9 – 11, 2017**

**The Capital Hotel, Little Rock, AR**

**“Comply, Build, and Progress”**

**Thursday, November 9**

**5:30 – 7:00 PM**      **Registration Opens**  
**Reception/Meet and Greet**

**7:00 – 8:30 PM**      **Physical Therapy/Athletic Training Roundtable**  
**Discussion**

Facilitator: Rob Tillman, PT, AAOMPT

**8:30 – 10:00 PM**      **Executive Board Meeting**

**Friday, November 10**

**6:45 – 7:45 AM**      **Breakfast (provided)**

**7:00 AM – 5:30 PM**      **Registration**

**8:00 – 8:30 AM**      **Welcome**

### **Government Proclamation**

State Representative Vivian Flowers, Chair of the  
Arkansas Legislative Black Caucus

**8:30 – 9:30 AM**      **Legislative Issues**  
Joe Farrer, PT (Member of AR House of  
Representatives)

**9:30 – 10:30 AM**      **Affordable Care Act and Its Effect On Insurance**  
**Premiums, and The Medical Loss Ratio: 80/20 Rule**  
Phillip Smith,PT

**10:30 – 10:45 AM**      **Break (visit with exhibitors)**

**Friday, November 10 (cont.)**

- 10:45 – 11:45**                      **New Paradigms From Pain Science**  
David Sheer, DPT, MOMT, FAAOMPT
- 11:45 AM – 1:00 PM**              **Lunch (provided)**
- 1:00 – 2:00 PM**                      **Personal Well-Being: Building The Best Version of Yourself**  
Janet Benzar, PT, DPT, PhD, FAPTA
- 2:00 – 3:00 PM**                      **Breast Cancer Operative Treatment and Rehabilitation Management**  
Ronda Henry-Tillman, MD
- 3:00 – 3:15 PM**                      **Break (visit with exhibitors)**
- 3:15 – 4:15 PM**                      **Cellular Medicine Update**  
David Harshfield, MD
- 4:15 – 5:15 PM**                      **Evaluation & Management of Closed Head Injury Cases**  
Garrett Andrews, PhD
- 6:30 PM -**                              **Dinner (on your own)**  
**Optional dinner and social outing at South On Main**  
1304 Main St, Little Rock, AR 72202

**Saturday, November 11**

- 6:45 – 7:45 AM**                      **Breakfast (provided)**
- 7:00 AM – 5:30 PM**                  **Registration**
- 8:00 – 8:30 AM**                      **Arkansas Medical, Dental, and Pharmaceutical Association (AMDPA) Introduction**  
William Greenfield, MD

<b>8:30 – 9:30 AM</b>	<b>Compliance, Culture and Rehab</b> Dona Greenhoward, PT, M.Ed, DPT
<b>9:30 – 10:30 AM</b>	<b>Management Of The Healing Tissue Matrix : The Role of Physical Therapy Providing the Optimal Stimulus of Tissue Repair/Regeneration</b> Brian Power, PT, DPT, DMT, FAAOMPT, Cert. SMT, Grad Dip Manip (Hons)
<b>10:30 – 10:45 AM</b>	<b>Break (visit with exhibitors)</b>
<b>10:45 – 11:30 AM</b>	<b>Opioid Abuse</b> Saint Adeogba, MD
<b>11:30 AM – 12:00 PM</b>	<b>Research Presentation</b> Jason Henderson, PT, DPT, MBA and Courtland R. Wyatt, PT, DPT
<b>12:00 – 1:15 PM</b>	<b>Lunch (provided)</b>
<b>1:15 – 2:15 PM</b>	<b>Outcomes Based Patient Management In Orthopedics</b> Kevin J. Collins, MD
<b>2:15 – 3:15 PM</b>	<b>Innovative Services</b> Facilitator: Rob Tillman, PT, AAOMPT
<b>3:15 – 3:30 PM</b>	<b>Break</b>
<b>3:30 – 5:30</b>	<b>Annual Business Meeting</b>
<b>7:00 – 9:30 PM</b>	<b>Dinner (Hosted by Drs. Rhonda and Robert Tillman)</b> 2 Chenal Downs, Little Rock, AR 72223

### **2017 AAPT Conference Co-Chairs**

**Renee' Crater, PT, DPT and Rob Tillman, PT, AAOMPT**

**Conference Committee Member: Lisa VanHoose, PhD, MPH, PT**

## Conference Speakers



**Saint Adeogba, MD**, received her medical degree from Penn State University, College of Medicine in Hershey, Pennsylvania in 2005. Dr. Adeogba served in the U.S. Navy as a Flight Surgeon until 2010. Thereafter, she was appointed Senior Research Fellow for the Department of Anesthesia at the University of Washington in Seattle until 2012. She was then selected by the University of Arkansas for Medical Sciences (UAMS) in Little Rock, Arkansas as a Resident in the Physical Medicine & Rehabilitation (PM&R) Program where she earned an early appointment as Chief Resident while in her third post-graduate year (PGY3). After completing residency in 2015, Dr. Adeogba was accepted into an Interventional Spine Fellowship at OrthoArkansas. She is currently a practicing Interventional Physiatrist at Arkansas Pain Centers, LTD and working part-time as an Assistant Professor in the Department of PM&R at UAMS.



**Garrett Andrews, Psy.D., ABPP-CN, CBIST**, is a Board Certified specialist in Clinical Neuropsychology through the American Board of Professional Psychology and a Diplomate with the American Board of Clinical Neuropsychology. In addition, he is a recognized Certified Brain Injury Specialist Trainer by the Brain Injury Association of America. He specializes in the evaluation and treatment of suspected acquired brain injury and dementia. He also obtained his Forensic Examiner Certification through the state of Arkansas. He is fellowship trained in the assessment and treatment of traumatic brain injury, dementia, decisional capacity, stroke, and rehabilitation. In addition to his clinical work, he has consulted and testified in both civil and criminal forensic-legal cases at the state and federal level, as well as, capital cases. He also holds an adjunct faculty position at the University of Arkansas at Little Rock where he teaches 'Brain and Behavior' courses. He completed his internship at the Black Hills Veterans Administration, in Rapid City, South Dakota. He went on to complete his Post-doctoral Fellowship training at Geisinger Medical Center in Danville, Pennsylvania. He is a native of south Arkansas and moved back to start his practice in 2007. Dr. Andrews' specialty areas of practice include the neuropsychological examination and treatment of:

1. Traumatic brain injury/concussion
2. Functional implications of brain injury (mild/moderate/severe)
3. Dementia
4. Stroke
5. Cognitive Rehabilitation
6. Malingering, secondary gain, and functional disorders
7. Disabling medical/psychiatric conditions that impact the Central Nervous System and functional capacity
8. Capacity Decisions (Medical, Legal, Financial)
9. Forensic Consultation, Examination, and Testimony

## Conference Speakers



**Janet Bezner, PT, DPT, PhD** is an Associate Professor in the Department of Physical Therapy at Texas State University. Bezner teaches, conducts research on physical activity and the culture of health, and provides service to the university community. She received her bachelor's degree in physical therapy at the University of Texas Medical Branch, her master's degree from Texas Woman's University, a PhD in health education from the University of Texas, a DPT degree from Rocky Mountain University of Health Professions, and she is a Certified Health and Wellness Coach. She was Vice President of Education, Governance and Administration at the American Physical Therapy Association (APTA) for 9 years. Bezner has practiced in a variety of health care settings, including hospitals, home health, long-term care, and corporate wellness. Bezner's research has resulted in 8 book chapters, 13 published articles, 6 grants and numerous conference presentations on health and wellness-related topics. Bezner served on APTA's Board of Directors prior to joining its staff and is a recipient of the Lucy Blair Service Award and is a Catherine Worthingham Fellow of the APTA. She is an experienced speaker on topics related to health promotion and wellness, leadership, personal development, and strategic planning.



**Kevin Collins, MD** is located in North Little Rock, AR. He has 27 years of experience. He graduated from the Keck School of Medicine of the University Of Southern California in 1989. He completed his residency at the University of Cincinnati School of Medicine in 1993. He is Board Certified in Physical Medicine and Rehabilitation. Dr. Collins is affiliated with Baptist Health Rehabilitation Institute, Baptist Health Medical Center North Little Rock and Baptist Medical Center.



**Rep. Joe Farrer** is serving his third term in the Arkansas House of Representatives. He represents District 44 which includes portions of Lonoke, White, and Faulkner County. For the 91st General Assembly, Rep. Farrer served as vice-chair of the House Revenue and Taxation Committee. He also served on the House Insurance and Commerce Committee and Arkansas Legislative Council. Rep. Farrer is the owner of Farrer Physical Therapy. He previously served as a Justice of the Peace in Lonoke County. He is a graduate of the University of Central Arkansas. He has three grown children and resides in Austin with his wife Victoria.



**William "Sam" Greenfield, MD**, completed his medical degree at Meharry Medical College in Nashville, Tennessee, completed an internship at Baylor College of Medicine in Houston, Texas, and his residency in Obstetrics and Gynecology at the University of Arkansas for Medical Sciences in Little Rock. Before attending medical school, he received a pharmacy degree from Auburn University. His clinical interests are in obstetrics and gynecology. He is trained in daVinci Robotic Surgery. He has made presentations nationally, regionally and locally on topics in his field. Dr. Greenfield currently serves as the Arkansas Section Chair for the American Congress of Obstetrics and Gynecology, and is a member of several professional organizations including: Arkansas Medical Society, American Medical Association, and American Society of Colposcopy and Cervical Pathology. Dr. Greenfield enjoys both his obstetric and gynecologic patients. He likes to help educate his patients and guide them to make informed decisions about their healthcare.



## Conference Speakers

**Dr. David Harshfield Jr, M.D., M.S.** is located in Little Rock, AR. He has 36 years of experience. His specialties include Diagnostic Radiology and Radiology. He graduated from the University of Arkansas for Medical Sciences College of Medicine in 1981, completed his residency there in 1984, and completed his fellowship there in 1985. He is certified by the American Board of Radiology (ABR), and is skilled in all aspects of diagnostic radiology, to include Standard and Functional Upright MRI, CT, Ultrasound, Mammography, DMX, Musculoskeletal Radiology, Interventional Radiology and Cellular Medicine. He is a Board Certified Interventional Radiologist with specialty training in ultrasound and musculoskeletal cellular medicine therapy utilizing regenerative injection therapies for MSK, Cardiovascular, Pulmonary and Neurologic applications including buffered Dextrose injection therapy, platelet rich plasma (PRP), Bone marrow aspirate concentrate (BMAC) and amniotic fluid/tissue. He is the Medical Director of the Arkansas Institute of Regenerative Medicine, has a Tele-Radiology practice and holds a current medical license in the states of Arkansas, Nevada, Florida, New York, Texas, Missouri and Ohio. For over a decade, he served as Medical Director for Westside Open MRI in Little Rock and Northside Open MRI in North Little Rock, Arkansas. He was the Founding Member and Chief of Radiology for Riverside Radiology and the Arkansas Heart Hospital in Little Rock, as well as the NWA Women's Hospital and Ozark Radiology Group at Washington Regional Medical Center in Fayetteville, AR. Prior to those positions, he was the Director of Preventative and Advanced Imaging for ProScan Imaging, world headquarters located in Cincinnati, Ohio.



**Dona Greenhoward, PT, M.Ed, DPT** is a 27+ year veteran Physical Therapist who has practiced in a plethora of settings from pediatrics to hospice. Dr. Greenhoward earned a bachelor of Physical Therapy (BSPT) in 1990 from Langston University's school of Physical Therapy in Langston, Oklahoma & in 2002 a Masters of Urban and Multi Cultural Education (MEd) from Langston University's School of Education and Behavioral Sciences and finally in 2013 successfully defended the Transitional Doctor of Physical Therapy (tDPT) from Langston University making her the first person in Oklahoma history to earn all 3 degrees from the only HBCU in Oklahoma. Dr. Dona, as she is affectionately referred to by all who love her, believes considering a patient's and clinician's culture helps ensure productive relationships in physical therapy. Dona is happily married, with 3 adult children and 4 grandchildren.



**Dr. Jason Henderson, DPT, MBA** is a graduate of Alabama State University where he obtained his Doctorate in Physical Therapy. He completed his undergraduate work at Florida A&M University with a Bachelor of Science degree in Physical Therapy. He is a Certified Clinical Instructor (CI) and an active APTA member in the orthopedic sector. Dr. Henderson is also a Board Certified Orthopedic Clinical Specialist. Specialties: Jason has a keen interest in the treatment of orthopedic injuries and providing post-operative rehabilitation. His strong background in competitive sports and peak performance training has afforded him the opportunity to work closely within youth sports communities providing PT services, consultation, education and injury prevention screenings. Jason has cutting edge knowledge using movement analysis software and is able to use those analytics to evaluate athletes; specifically, runners. Fun Fact: Jason is a competitive Taekwondo Martial Artist and teacher. He loves the discipline involved and enjoys teaching kids in martial arts and self-defense.

## Conference Speakers



**Ronda Henry-Tillman, MD, FACS** is a surgical oncologist specializing in breast and oncoplastic surgical oncology at UAMS Medical Center. She is a Professor in the Department of Surgery, and a fellow of the American College of Surgeons. She has developed numerous interventions that target cancer disparities, and has led efforts to reduce the mortality, health disparities and cancer burden of Arkansans. Dr. Henry-Tillman has been recognized as a leader in cancer diagnosis and treatment. She has numerous publications, and has made national and international presentations on MRI and breast cancer staging and the advancements in breast cancer treatment, as well as cancer disparities interventions. She has been awarded over \$25 million in federal and local funding for clinical research, with research interests prevalent in cancer education and awareness, disparities and outcomes, and community-based participatory research. Dr. Henry-Tillman has been awarded several honors in the Cancer Control arena to include the “Community Health Research Leadership Award” from the National Cancer Institute and the “Acknowledgements in Cancer Excellence Community Outreach Award” from the American Cancer Society. Since 2005, she has been prestigiously honored as one of the “Best Doctors in America”. Most recently, she was inducted into the Alpha Omega Alpha Medical Honor Society.



**Brian J. Power, PT, DPT, DMT, FAAOMPT, Cert SMT, Grad Dip Manip (Hons)** is a co-owner and Vice President of MTI Physical Therapy in Seattle Washington. He has considerable post-graduate education and experience and over the years has specialized in orthopedic manual therapy. He finished a four-year program in manual therapy from the Ola Grimsby Institute that has culminated to a DPT and DMT as well as certification of equivalence in Manual Therapy from the Norwegian Specialty Group in Manual Therapy. He has been a Fellow of the American Academy of Manual Physical Therapists since 1997. He has received a Certification in Spinal Manipulative Therapy through the American Academy of Spinal Manipulation and a Graduate Diploma in Manipulative Therapy from Goodrum Seminars in association with the National University of Medical Sciences (Spain). In addition to his clinical practice, he has been involved with teaching post-graduate courses and programs in orthopedic manual therapy in the United States, Scandinavia, Asia and Europe since 1993.



**David M. Sheer, PT, DPT, MOMT, FAAOMPT** has been a practicing clinician since 1978 and has specialized in orthopedic manual therapy since 1991. He earned his Masters in Orthopedic Manual Therapy after completing the 4 year residency and fellowship program with the Ola Grimsby Institute. He was an author of the original course work for the OGI and taught as a primary instructor in the residency program for 12 years. David received his Doctorate of Physical Therapy through the OGI in 2003. His current areas of interest include nutrition for chronic pain management, trigger point dry needling, neuroplasticity in manual therapy and continuing to push the parameters of clinical decision making. David has taught a variety courses including scientific rationale for manual therapy, manual therapy courses for all body regions, as well as medical screening for the orthopedic therapist. These courses have included extensive hands on training. He has also has been a clinical instructor and adjunct faculty for Belmont University. David is currently a senior clinician at Results Physiotherapy.

## Conference Speakers

**Phillip Smith, PT** graduated with a Bachelor of Science in Biology and Psychology from Southwest Baptist University in 1997, and a Masters of Physical Therapy from Southwest Baptist University in 1999. He completed a one year manual therapy training with Ola Grimsby in 2000. He managed several SNF's from 2001-2003 in Central Missouri while saving to open an out-patient clinic. He opened Central Missouri Physical Therapy and Hand Rehab (CMPT) in June of 2004. He spent 2004-2014 building CMPT into 14 clinics, operating under Sport and Spine Rehab. He opened Orthopedic and Medical Home Health in 2010 and is currently the acting President. On Nov 1, 2014, CMPT merged with Peak Performance to form Missouri's largest privately owned rehabilitation company with 23 clinics, Peak Sport and Spine. In June 2017, CMPT acquired PT Partners and they are now up to 50 privately owned clinics across 8 different states. CMPT is currently the 4th largest privately owned rehab company in the US. Phillip is currently the acting CEO of CMPT and its holdings.



**Rob Tillman, PT, AAOMPT** is the president of Ortho Rehab and Specialty Centers. In 1986 he received his degree in physical therapy from the University of Missouri. Rob immediately saw the need to attain a level of clinical competence that would allow him to effectively address the complex needs of his patient population. With this in mind, he enrolled in a post graduate residency training program with the Sorlandets Institute, which later became known as the Ola Grimsby Institute. Rob attained the highest level of clinical certification available in the field of orthopedic rehabilitation. Since then he has received international recognition for his research on the lumbo pelvic system, and has written benchmark works on the thoracic and cervical regions, as well. Rob has presented at several national and international conferences in the areas of sports medicine, having been credited with the rehabilitation design and training programs for many professional athletes and organizations, including professional baseball, a Super Bowl MVP quarterback, an NBA championship winning power forward, and four-time golf world long drive champion. He has mentored/professored several minority students to their clinical competency in orthopedic manual therapy.



**Dr. Courtland Wyatt** is a native of St. Louis, MO where he learned the value of hard work at an early age. A veteran of the United States Army, he went on to attend Howard University where he was a member of the Dean's list and obtained his Masters Degree in Physical Therapy. Dr. Wyatt has filled the position of adjunct professor at Howard University, George Washington University and Montgomery Community College in their respective PT departments. After receiving a Doctorate of Physical Therapy from Alabama State University, he began a non-profit organization aimed at eliminating health disparities in socioeconomically deprived areas across the nation. The program provides scholarships, mentoring, health/wellness and educational resources. In addition to his roles of CEO and therapist, he is also co-owner of Ergo Solutions, which has developed into the largest outsourcing physical rehab company in Washington, DC.

## **Sponsors**

Arkansas Minority Health Commission

Massey Family Charitable Foundation

Andrews, Inc.

Arkansas Medical, Dental and Pharmaceutical Association

## **Exhibitors**

Nationwide Children's

## **Partners**

Little Rock Convention and Visitors Bureau

Jefferson Comprehensive Care System, Inc.

## **2017 Scholarship Recipients**

Carmen Moon

Alabama State University

Quintez Anderson

Harding University